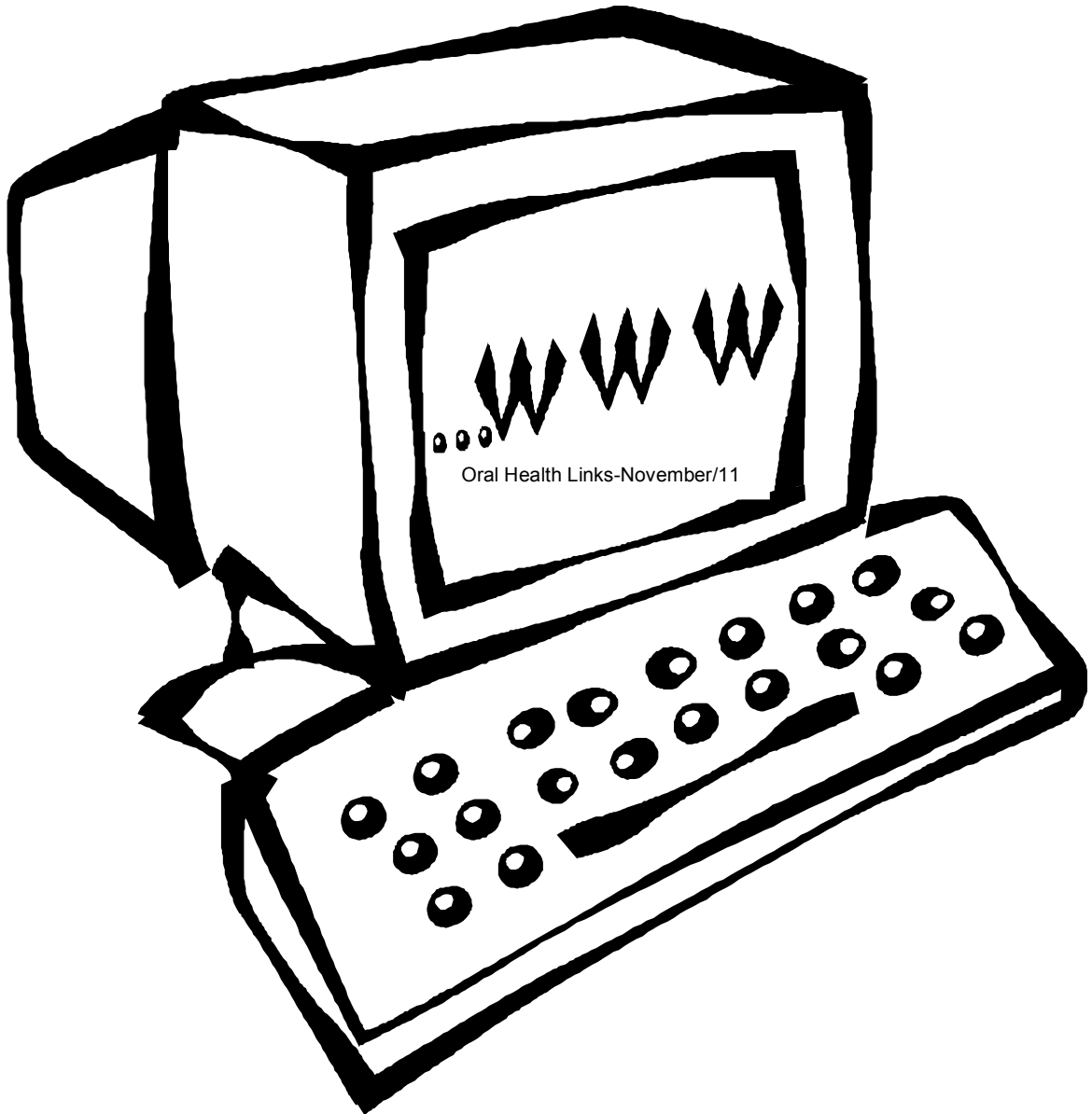


# Oral Health Websites to Enhance Health Classes



**Compiled by:**

Dental Health Promotion Working Group of Saskatchewan – Sept/06

All sites were operational as of November 29, 2011

Please find included an extensive list of **oral health websites** to assist with the school health curriculum.

### To view websites

Place cursor on link, hold Ctrl key down + click mouse to follow link

## Canadian Dental Associations/Government/Health Departments Sites

<http://www.health.gov.sk.ca/health-regions-map> - Ministry of Sask. Health - For more information on a health region, click the corresponding health region on the map.

<http://www.health.gov.sk.ca/dental-health> - Ministry of Sask Health – Dental handouts

[http://www.sdta.ca/trade\\_a\\_tooth.html](http://www.sdta.ca/trade_a_tooth.html) -Saskatchewan Dental Therapy Assoc. (Trade a Tooth Poster)

<http://www.albertahealthservices.ca/224.asp> – Alberta Health Services – Human atlas videos and click on digestive and mouth.

[http://www.bcdental.org/Dental\\_Health/Default.aspx?id=54](http://www.bcdental.org/Dental_Health/Default.aspx?id=54) – BC Oral Health Association

[http://www.kidsmiles.ca/oral\\_health\\_tips.htm](http://www.kidsmiles.ca/oral_health_tips.htm) - BC Oral Health Association – Videos on how to brush teeth and importance of baby teeth.

<http://www.kidsmiles.ca/index.htm> - BC Dental Association – Tip sheets and posters.

<http://www.interiorhealth.ca/choose-health.aspx?id=12830> – BC Interior Health Authority

<http://bcdairyfoundation.ca/index.htm> - BC Dairy Foundation

<http://www.albertahealthservices.ca/ps-1042857-oral-health-resource-kit-kindergarden-manual.pdf> - Calgary Health Region – Kindergarten teacher resource manual

<http://www.calgaryhealthregion.ca/> -**Calgary Health Region** (teacher resource)

[www.calgaryhealthregion.ca/programs/dental/grade5.html](http://www.calgaryhealthregion.ca/programs/dental/grade5.html) - Grade 5 lesson plan “Teeth for a Lifetime” Power Point presentation – **under revision at this time.**

<http://www.albertahealthservices.ca/5444.asp> - Teaching Package for Rethink your Drink

[http://www.cda-adc.ca/en/oral\\_health/faqs\\_resources/teaching\\_resources/index.asp](http://www.cda-adc.ca/en/oral_health/faqs_resources/teaching_resources/index.asp) - Canadian Dental Association -Teaching resources

[http://www.cda-adc.ca/en/oral\\_health/cfyt/dental\\_care\\_children/index.asp](http://www.cda-adc.ca/en/oral_health/cfyt/dental_care_children/index.asp) - Canadian Dental Association – Children’s Dental Health

[http://www.cda-adc.ca/en/cda/news\\_events/health\\_month/index.asp](http://www.cda-adc.ca/en/cda/news_events/health_month/index.asp) - Canadian Dental Association - Fact Sheets, posters and activities

[http://www.cdha.ca/AM/Template.cfm?Section=Educational\\_Resources\\_for\\_Clients&Template=/CM/HTMLDisplay.cfm&ContentID=5872](http://www.cdha.ca/AM/Template.cfm?Section=Educational_Resources_for_Clients&Template=/CM/HTMLDisplay.cfm&ContentID=5872) – Canadian Dental Hygienist Association – Resource material.

<http://www.smilecity.ca/> - Canadian Dental Hygienists Association – tips, activities, games

<http://www.hc-sc.gc.ca/hl-vs/oral-bucco/index-eng.php> - Health Canada - Oral Health

## Canadian Dental Associations/Government/Health Departments Sites

<http://www.hc-sc.gc.ca/hl-vs/oral-bucco/care-soin/index-eng.php> -Health Canada - videos on good oral health, Brushing and flossing, Oral Cancer

<http://www.hc-sc.gc.ca/hl-vs/pubs/oral-bucco/index-eng.php> - Health Canada – Report on the Findings of the Oral Health Component of the Canadian Health Measures Survey 2007/09 – dental stats

<http://www.hc-sc.gc.ca/hl-vs/iyh-vsv/food-aliment/boissons-energ-drinks-eng.php> - Health Canada - Energy Drinks

<http://www.healthyteeth.org> - Nova Scotia Dental Association (Oral Health Education Database)

<http://www.oda.on.ca/video-library.html> - Ontario Dental Association – Videos

<http://www.youroralhealth.ca/kids/home/> - Ontario Dental Association – Downloads and Games - Kids Zone

<http://www.mindyourmouth.ca/mouthmyths> - Nova Scotia Dental Association – mouth myths

<http://ontario.teachnutrition.org/teacher-programs/grade-levels/ece-programs/ece-resources/dfc-resources.aspx> - Early Childhood Resources

<http://ontario.teachnutrition.org/teacher-programs/grade-levels/k-3.aspx> - K-3 resources

<http://ontario.teachnutrition.org/teacher-programs/grade-levels/4-6.aspx> - Gr. 4-6 resources

<http://ontario.teachnutrition.org/teacher-programs/grade-levels/7-8.aspx> - Gr. 7 -9 resources

<http://ontario.teachnutrition.org/teacher-programs/grade-levels/order-resources/order-form.aspx> - Download or order Nutrition Resources

<http://ontario.teachnutrition.org/students-only/digest-quest-game.aspx> - Teach Nutrition Organization – Digestion starts in the mouth game

[http://www.wrha.mb.ca/healthinfo/preventill/oral\\_child.php](http://www.wrha.mb.ca/healthinfo/preventill/oral_child.php) - Winnipeg Regional Health Authority - Early Childhood Tooth Decay

## USA

### Dental Associations/Government/Health Departments/Foundations Sites

<http://www.adha.org/kidstuff/index.html> – American Dental Hygiene Association – Kids stuff

<http://www.adha.org/oralhealth/index.html> - American Dental Hygiene Association – Oral health Information

<http://www.ada.org/390.aspx> - American Dental Association Smart Smiles Oral Health Curriculum – Preschool – Grade 8

<http://www.ada.org/387.aspx> – American Dental Association – Classroom Ideas and Resources

<http://www.ada.org/50.aspx> - American Dental Association (oral health basics videos)

<http://www.ada.org/3813.aspx> - American Dental Association - The animations teach about: Primary/Permanent Teeth/Tooth Eruption, Brushing, Flossing, Periodontal Disease, Root Canal Treatment

<http://www.ada.org/353.aspx> - American Dental Association - Oral Health Animations

<http://www.ada.org/379.aspx> - American Dental Association - Visit the Dentist with Marty interactive story book.

<http://www.ada.org/380.aspx> - American Dental Association – To Tell the Tooth Video – Second and Third Grade.

<http://www.perio.org/consumer/mbc.top2.htm> - American Academy of Periodontology (mouth-body connection)

<http://www.health.state.ny.us/prevention/dental/> - Department of Health, Information for Healthy New York – Oral Health Resources and links.

[http://www.idph.state.ia.us/hpcdp/oral\\_health\\_resources.asp](http://www.idph.state.ia.us/hpcdp/oral_health_resources.asp) - Iowa Department of Public Health – Oral Health Resources and Posters

<http://www.kdheks.gov/ohi/kids.html> - Kansas Department of Health & Environment – games and stuff

<http://dentalfun.mihs.org/index.html> - Maricopa Integrated Health System – Kids Interactive Dental Activities

<http://mycohi.org/index.html> - Maryland Children’s Oral Health Institute

<http://www.mycohi.org/lunchbox.html> - Maryland Children’s Oral Health Institute - Lessons in a lunch box

<http://www.massdental.org/content.aspx?id=1496> – Massachusetts Dental Society - activity sheets.

[http://www.massdental.org/for\\_the\\_public\\_topics.aspx?id=136](http://www.massdental.org/for_the_public_topics.aspx?id=136) – Massachusetts Dental Society-Oral Health

<http://www.nlm.nih.gov/medlineplus/mouthandteeth.html> - Medline - mouth and teeth topics

[http://www.nichd.nih.gov/publications/pubs/upload/mm\\_with\\_buddy\\_brush\\_2006.pdf](http://www.nichd.nih.gov/publications/pubs/upload/mm_with_buddy_brush_2006.pdf) - Milk Matters - activities for kids

<http://www.ndhealth.gov/oralhealth/> - North Dakota Department of Health – Oral Health Program – Print material.

## USA

### Dental Associations/Government/Health Departments/Foundations Sites

[http://www.bam.gov/sub\\_yourbody/yourbody\\_smilestyle.html](http://www.bam.gov/sub_yourbody/yourbody_smilestyle.html) - National Center for Chronic Disease Prevention and Health Promotion Oral Health (CDC) - Mind and Body (**smile style challenge**)

<http://apps.nccd.cdc.gov/sher/index.aspx> - CDC's School Health Education Resources

<http://www.cdc.gov/oralhealth/> - CDC

<http://science-education.nih.gov/supplements/nih2/oral-health/default.htm> - National Institute of Health (open wide and trek inside web version)

<http://science-education.nih.gov/supplements/nih2/oral-health/activities/main-flash/intro.htm> - National Institute of Health (Open wide and trek activities)

[http://kids.niehs.nih.gov/explore/hliving/food5\\_mouth\\_teeth.htm](http://kids.niehs.nih.gov/explore/hliving/food5_mouth_teeth.htm) - National Institute of Environmental Health Sciences

[http://peer.tamu.edu/curriculum\\_modules/organsystems/Module\\_2/index.htm](http://peer.tamu.edu/curriculum_modules/organsystems/Module_2/index.htm) - National Institute of Environmental Health Sciences - digestion

<http://science.education.nih.gov/supplements/nih2/oral-health/activities/accessibile/MainInterface.htm>

<http://www.mchoralhealth.org/Toolbox/families.html#ChildLinks> - **National Maternal & Child Oral Health Resources**

<http://www.mouthpower.org/> - National Museum of Dentistry

[http://kidshealth.org/kid/htbw/digestive\\_system.html#a\\_The\\_Mouth\\_Starts\\_Everything\\_Moving](http://kidshealth.org/kid/htbw/digestive_system.html#a_The_Mouth_Starts_Everything_Moving) – Nemours Foundation (digestion starts with the mouth)

[http://kidshealth.org/parent/general/body\\_basics/mouth\\_teeth.html](http://kidshealth.org/parent/general/body_basics/mouth_teeth.html) - Nemours Foundation (mouth and teeth Interactive tool included)

[http://classroom.kidshealth.org/9to12/body/parts/teeth\\_handout1.pdf](http://classroom.kidshealth.org/9to12/body/parts/teeth_handout1.pdf) - Nemours Foundation - Captain yellow grin handout.

<http://www.kidshealth.org/kid/talk/yucky/spit.html> – Nemours Foundation (what is spit)

<http://www.kidshealth.org/kid/htbw/teeth.html> - Nemours Foundation (your teeth)

[http://www.kidshealth.org/teen/your\\_body/take\\_care/teeth.html](http://www.kidshealth.org/teen/your_body/take_care/teeth.html) - Nemours Foundation (**caring for teeth**)  
Teens

[http://kidshealth.org/kid/stay\\_healthy/body/teeth.html](http://kidshealth.org/kid/stay_healthy/body/teeth.html) - **Nemours Foundation** (taking care of your child's teeth)

<http://www.kidshealth.org/kid/talk/qa/cavity.html> – Nemours Foundation (what's a cavity)

[http://kidshealth.org/parent/general/body\\_basics/mouth\\_teeth.html](http://kidshealth.org/parent/general/body_basics/mouth_teeth.html) - Nemours Foundation (Mouth and teeth) kids

[http://www.kidshealth.org/teen/diseases\\_conditions/body\\_basics/mouth\\_teeth.html](http://www.kidshealth.org/teen/diseases_conditions/body_basics/mouth_teeth.html) - Nemours Foundation (Mouth and Teeth) Teens

[http://kidshealth.org/kid/stay\\_healthy/body/bad\\_breath.html?tracking=K\\_RelatedArticle](http://kidshealth.org/kid/stay_healthy/body/bad_breath.html?tracking=K_RelatedArticle) – Nemours Foundation (What is bad breath)

## USA

### Dental Associations/Government/Health Departments/Foundations Sites

[http://kidshealth.org/PageManager.jsp?lic=1&article\\_set=59371&cat\\_id=20607](http://kidshealth.org/PageManager.jsp?lic=1&article_set=59371&cat_id=20607) – Nemours Foundation (Quiz)

[http://kidshealth.org/PageManager.jsp?lic=1&article\\_set=54404&cat\\_id=20607](http://kidshealth.org/PageManager.jsp?lic=1&article_set=54404&cat_id=20607) – Nemours Foundation (tooth diagram)

[http://kidshealth.org/PageManager.jsp?lic=1&article\\_set=58235&cat\\_id=20607](http://kidshealth.org/PageManager.jsp?lic=1&article_set=58235&cat_id=20607) – Nemours Foundation (wordfind)

[http://kidshealth.org/kid/grow/body\\_stuff/braces.html](http://kidshealth.org/kid/grow/body_stuff/braces.html) - Nemours Foundation (braces)

[http://kidshealth.org/kid/feel\\_better/things/fluoride.html?tracking=K\\_RelatedArticle](http://kidshealth.org/kid/feel_better/things/fluoride.html?tracking=K_RelatedArticle) – Nemours Foundation – fluoride information for kids.

[http://kidshealth.org/parent/growth/feeding/fluoride\\_water.html](http://kidshealth.org/parent/growth/feeding/fluoride_water.html) - Nemours Foundation - fluoride information for parents.

[http://kidshealth.org/parent/general/teeth/healthy.html?tracking=P\\_RelatedArticle](http://kidshealth.org/parent/general/teeth/healthy.html?tracking=P_RelatedArticle) – Nemours Foundation (Keeping my child's teeth healthy)

[http://kidshealth.org/kid/feel\\_better/people/go\\_dentist.html?tracking=K\\_RelatedArticle](http://kidshealth.org/kid/feel_better/people/go_dentist.html?tracking=K_RelatedArticle) – Nemours Foundation (go to the dentist)

[http://kidshealth.org/kid/grownup/getting\\_older/dentures.html](http://kidshealth.org/kid/grownup/getting_older/dentures.html) - Nemours Foundation (what are dentures)

<http://www.ncdhhs.gov/dph/oralhealth/education/> - North Carolina Oral Health Section – go to education materials

[http://www.fha.state.md.us/oralhealth/OH\\_factsheets.cfm](http://www.fha.state.md.us/oralhealth/OH_factsheets.cfm) – Office of Oral Health Maryland – Oral Health references, oral health bulletin boards and oral health lesson plans.

<http://www.padental.org/Content/NavigationMenu/Public/Students/default.htm> – Pennsylvania Dental Association – Kids Corner – games and activities

<http://www.padental.org/AM/Template.cfm?Section=NCDHM4&Template=/CM/HTMLDisplay.cfm&ContentID=16324> – Pennsylvania Dental Association

<http://www.padental.org/Content/NavigationMenu/Public/Teachers/default.htm> - Pennsylvania Dental Association – Teachers Corner

<http://www.sharethecaredental.org/website/resources/manuals.html> - Curriculums and Manuals

<http://www.sharethecaredental.org/website/resources/dentalhealth.html> - Dental Health Resources

<http://www.sugarydrinkfacts.org/> - Yale Rudd Center for Food Policy and Obesity non-profit research and public policy organization

<http://health.state.tn.us/oralhealth/activity.htm> - Tennessee Department of Health – Dental activities for kids

[http://www.dshs.state.tx.us/dental/teachers\\_guide.shtm](http://www.dshs.state.tx.us/dental/teachers_guide.shtm) - Texas Department of State Health Services – Teachers guides to dental activities

## Documents in PDF - Sites

<http://www.health.gov.sk.ca/dental-health-teacher-resource> - Saskatchewan Ministry of Health

- Dental Health Education (2003) A Teacher Resource to Support Dental Health Education for Kindergarten to Grade 5 **PDF**

<http://www.albertahealthservices.ca/ps-1042857-oral-health-resource-kit-grade-1-manual.pdf>

- Calgary Health Region – Grade one teacher resource manual **PDF**

<http://www.albertahealthservices.ca/ps-1042857-oral-health-resource-kit-grade-2-manual.pdf>

- Calgary Health Region – Grade two teacher resource manual **PDF**

<http://www.albertahealthservices.ca/ps-1042857-oral-health-resource-kit-grade-3-manual.pdf>

- Calgary Health Region – Grade three teacher resource manual **PDF**

<http://www.capitalhealth.ca/NR/rdonlyres/e6nstouxulgpkbvzot7as7dhtyv6storxwnl57sbz4gl6o2im2rgwio4tthag2r5vag2aoqodp7fst6zyagrafdccb/Sugar+shocker.pdf>

- Capital Health Region – Sugar shocker kit **PDF**

<http://teachhealthk-12.uthscsa.edu/curriculum/oralhealth/oralhealth.asp> - The University of Texas Health Science Center at San Antonio – Watch Your Mouth - Lessons and Activities – slide presentation.

<http://www.peelregion.ca/health/eating/htmlfiles/healthy-eating.htm#english> - Toronto Public Health

- Discover Healthy Eating – Gr. 1-3 page 15, Gr 4-6 page 96 & Gr. 7-8- page 196 **PDF**

<http://www.aapd.org/foundation/pdfs/2007GrinsGames.pdf> - American Academy of Pediatric Dentistry

- Grins and Games workbook. **PDF**

[http://www.mndental.org/client\\_files/documents/Sip\\_All\\_Day\\_Presentation\\_II.pdf](http://www.mndental.org/client_files/documents/Sip_All_Day_Presentation_II.pdf) - Minnesota Dental Association

- Sip all day **PDF**

[http://www.mndental.org/client\\_files/documents/saving\\_smiles.pdf](http://www.mndental.org/client_files/documents/saving_smiles.pdf) - Minnesota Dental Association

- Sugar Beverages **PDF**

<http://www.modental.org/mx/hm.asp?id=stopthepop> - Missouri Dental Association

- Stop the Pop **PDF**

[http://science-education.nih.gov/Supplements/NIH2/oral-health/guide/pdfs/nih\\_mouth.pdf](http://science-education.nih.gov/Supplements/NIH2/oral-health/guide/pdfs/nih_mouth.pdf) - National Institutes of Health

- Open wide and trek inside **PDF**

<http://www.mchoralhealth.org/PDFs/learningfactsheet.pdf> - National Maternal & Child Oral Health Resource

- Oral Health and Learning **PDF**

<http://classroom.kidshealth.org/prekto2/body/parts/teeth.pdf> - Nemours Foundation

- Lesson plans Grade Pre-k – Grade 2 **PDF**

## Documents in PDF - Sites

<http://classroom.kidshealth.org/3to5/problems/drugs/smoking.pdf> - Nemours Foundation

- Lesson plans Grade 3 - 5 **PDF**

<http://classroom.kidshealth.org/6to8/body/parts/teeth.pdf> - Nemours Foundation

- Lesson plans Grade 6 – 8 **PDF**

<http://classroom.kidshealth.org/9to12/body/parts/teeth.pdf> - Nemours Foundation

- Lesson plans Grade 9 -12 **PDF**

[http://www.scdhec.gov/health/mch/oral/docs/curr\\_Oral%20Health%20Kindergarten.pdf](http://www.scdhec.gov/health/mch/oral/docs/curr_Oral%20Health%20Kindergarten.pdf) – South Carolina Department of Education

- Oral Health Supplemental Curriculum Resource – Kindergarten **PDF**

[http://www.scdhec.gov/health/mch/oral/docs/curr\\_Oral%20Health%20Secondgrade.pdf](http://www.scdhec.gov/health/mch/oral/docs/curr_Oral%20Health%20Secondgrade.pdf) – South Carolina Department of Education

- Oral Health Supplemental Curriculum Resource – Grade 2 **PDF**

[http://www.scdhec.gov/health/mch/oral/docs/curr\\_Oral%20Health%20Seventhgrade.pdf](http://www.scdhec.gov/health/mch/oral/docs/curr_Oral%20Health%20Seventhgrade.pdf) – South Carolina Department of Education – Oral Health Supplemental Curriculum Resource

- Oral Health Supplemental Curriculum Resource - Grade 7 **PDF**

[http://www.scdhec.gov/health/mch/oral/docs/curr\\_Afterschoolers%20booklet.pdf](http://www.scdhec.gov/health/mch/oral/docs/curr_Afterschoolers%20booklet.pdf) – South Carolina Department of Health and Environmental Control

- After school activities **PDF**

<http://www.health.state.ny.us/publications/0804.pdf> - New York State Department of Health

- Kit goes to the dentist coloring book **PDF**

<http://bmcc.edu/Headstart/Dental/index.html> - U. S. Department of Health and Human Services Administration for Children and Families - Head Start Dental Health Curriculum

<http://www.nal.usda.gov/fnic/foodcomp/Data/Other/herr48.pdf> – USA Department of Agriculture.

- Sugar contents of selected food **PDF**

<http://dentalfun.mihs.org/Dental%20Fun/resources/revised.pdf> - Maricopa Integrated Health System –

- Dental curriculum activities – **PDF**

<http://www.durham.ca/departments/health/dental/agesStagesBrochure.pdf> - Ontario Ministry of Health Promotion and Sport

- Oral Health Different Ages/Different Stages Birth to 12 years - **PDF**



## PPT Presentations Sites

<http://smileflorida.org/education/mk5.html> -

- **The Mouth Wise series K – 5 Dental Health Curriculum and The Mouthwise K5 Videos,**

<http://smileflorida.org/education/mouthwise.html> - Florida Dental Association

- The Mouth Wise series 6 – 8 Dental Health Curriculum

<http://www.dhss.mo.gov/oralhealth/OralHealthEducation.html> - Missouri Department of Health

- Oral Health K-12

[www.nysdental.org/img/document\\_files/healthyteethkeepsmilehappy.ppt](http://www.nysdental.org/img/document_files/healthyteethkeepsmilehappy.ppt) - New York State Dental Association

- Power point presentation for preschool – grade 3

[http://www.nysdental.org/img/document\\_files/oralpiercing.ppt](http://www.nysdental.org/img/document_files/oralpiercing.ppt) - New York State Dental Association

- Power point presentation for teens - oral piercings

<http://www.yhssa.org/resources/pdfs/SugarShockerPresentation.ppt> - Calgary Health Region, Northwest Territories Health and Social Services and Yellowknife Health and Social Services Authority

- Sugar Shocker – Whats in your drink?

[http://www.dshs.state.tx.us/dental/powerpoint/how\\_to\\_floss.ppt](http://www.dshs.state.tx.us/dental/powerpoint/how_to_floss.ppt) - Texas department of State Health

- How to use floss

<http://www.vahealth.org/dental/oralhealtheducation/training.htm> - Virginia Department of Health

- Grades K-5 Saving Smiles Series Oral Health Curriculum - Healthy Mouth, Healthy Body
- Grades 6-10 Saving Smiles Series Oral Health Curriculum - Give Teens Something to Smile About. Power Points that go along with Grades 6-10 Saving Smiles Series- Give Teens Something to Smile About:

- [Careers in Dentistry](#)
- [Diet, Oral Health and Wellness](#)
- [Keep Your Teeth and Gums Fit for Life](#)
- [Mouth Jewelry-It's Not as Simple as You Think](#)
- [Oral Health and Tobacco Use Unit 1](#)
- [Oral Health and Tobacco Use Unit 2](#)
- [Sports and Injury Prevention](#)

## Tobacco and other Substances Sites

[http://www.sasked.gov.sk.ca/docs/health/health6-9/tobacco\\_awareness/](http://www.sasked.gov.sk.ca/docs/health/health6-9/tobacco_awareness/) - Sask Learning – Tobacco Kills - This multimedia resource supports the grade 7 health education unit, "Alcohol and Other Drugs." This resource emphasizes that nicotine is an addictive drug

<http://www.health.gov.sk.ca/smokeless-tobacco-facts> - Sask Ministry of Health - Spit Tobacco

<http://www.makeapact.ca/content/study-hall> - Sponsored by Sask. Ministry of Health - Pact Study Hall – resources for teachers

<http://www.albertahealthservices.ca/AddictionsSubstanceAbuse/if-tch-teaming-up-teachers-resource.pdf> - Alberta Alcohol and Drugs – Teaming up for Tobacco Free Kids – Teachers resource kit

<http://www.albertahealthservices.ca/2694.asp> - Alberta Alcohol and Drugs – Teaming up for Tobacco Free Kids Lesson plans for grades 4-6

[http://www.cancer.ca/Saskatchewan/Prevention/Quit%20smoking.aspx?sc\\_lang=en](http://www.cancer.ca/Saskatchewan/Prevention/Quit%20smoking.aspx?sc_lang=en) – Canadian Cancer Society

<http://www.hc-sc.gc.ca/hc-ps/tobac-tabac/legislation/label-etiquette/cigarette-eng.php#cigarettes> - Health Canada - Health information labels

<http://www.hc-sc.gc.ca/hc-ps/tobac-tabac/youth-jeunes/index-eng.php> - Health Canada -Youth Zone – Smokefree

<http://www.hc-sc.gc.ca/hc-ps/tobac-tabac/fact-fait/smoke-fumee1-eng.php#cont> – Health Canada – Tobacco behind the Smoke - watch all three animations and click on underlined words and the "True or False?" and "Did you know?" boxes for additional information.

<http://www.hc-sc.gc.ca/hc-ps/tobac-tabac/fact-fait/tobac-tabac-eng.php> -

<http://www.hc-publication-sc.hc-sc.gc.ca/paccb-dgapcc/cmcd-dcmc/webpubs.nsf/7?ReadForm&cat=00001&lang=eng&> - Health Canada ordering system for tobacco resources.

[http://www.quit4life.com/ele/Q4L\\_Handbook\\_EN.pdf](http://www.quit4life.com/ele/Q4L_Handbook_EN.pdf) - Health Canada - Quit4Life Handbook

<http://www.ab.lung.ca/site/blast> - Lung Association (Alberta and NWT)

[http://www.ab.lung.ca/site/smoking\\_resources](http://www.ab.lung.ca/site/smoking_resources) - Alberta Lung Association

[http://www.bchealthyiving.ca/tobacco\\_reduction](http://www.bchealthyiving.ca/tobacco_reduction) - Lung Association - BC

<http://www.lungsareforlife.ca/> - Lung Association – Lungs are forever

[http://www.nsra-adnf.ca/cms/index.cfm?group\\_id=1417](http://www.nsra-adnf.ca/cms/index.cfm?group_id=1417) - Non-smokers rights association - Video on how Powerwall advertising on influences children

<http://www.nottokids.ca/students-youth/youre-the-target.html> - Ontario - Not to Kids

<http://www.leavethepackbehind.org> - Ontario - Leave The Pack Behind

<http://www.smoke-free.ca/> - Physicians for a Smoke - Free Canada

[http://www.phac-aspc.gc.ca/chn-rcc/tobacco-tabagisme-eng.php?rd=tobacco\\_tabac\\_eng](http://www.phac-aspc.gc.ca/chn-rcc/tobacco-tabagisme-eng.php?rd=tobacco_tabac_eng) – Public Health Agency of Canada – Tobacco

[http://www.beststart.org/resources/tobacco/pdf/Tobacco\\_Decal.pdf](http://www.beststart.org/resources/tobacco/pdf/Tobacco_Decal.pdf) - smokefree decal

## Tobacco and other Substances Sites

[http://www.mpaetc.org/downloads/meth\\_mouth07.pdf](http://www.mpaetc.org/downloads/meth_mouth07.pdf) - Mountain Plains Aids Education & Training Center

- Meth mouth **PDF**

<http://www.nstep.org/> - National Spit tobacco Education

<http://www.mhp.gov.on.ca/en/youth/stupid/index.asp> - Ontario - Ministry of Health promotion and Sport

<http://www.sportsdentistry.com/> - Sports, Spit tobacco

<http://library.thinkquest.org/TQ0312847/smoking.htm> - **Thinkquest Education Organization - Tobacco and Nicotine sites**

<http://www.quittobacco.com/> - Tobacco Education Basics

<http://www.tobacco.org/Resources/tobsites.html> - Tobacco related internet

<http://www.nysmokefree.com> - Department of Health Information for a Healthy New York - **A Pack of facts to Help You break the Habit – Resource downloads**

<http://www.tobaccopreventionandcontrol.ncdhhs.gov/youth/ncstepServices.htm> - Tobacco Preventive and Control Branch – North Carolina Division of Public Health, **Chronic Disease and Injury Section.**

<http://www.stepupnc.com/> - a place for teens to come to learn more about tobacco and tobacco use prevention and control.

<http://www.tobaccofreecatalog.org/> - Tobacco Education Clearinghouse of California

<http://www.throughwithchew.com/media.aspx> - Tobacco resources

[http://dmoz.org/Kids\\_and\\_Teens/Health/Substance\\_Abuse/Tobacco/](http://dmoz.org/Kids_and_Teens/Health/Substance_Abuse/Tobacco/)

<http://www.vahealth.org/dental/oralhealtheducation/documents/2008/pdfs/powerpoint/Oral%20Health%20and%20Tobacco%20Use%20Unit%201/Tobacco%20Module-Power%20point%201.ppt> –

-**Tobacco and Health Effects - PPT**

## **International Sites**

### **Dental Associations/Government/Health Departments/Foundations**

<http://oralhealth.circumpolarhealth.org/resources/canada/> - Oral Health and the Aboriginal Child – Knowledge Transfer

[http://www.toothclub.gov.hk/en/en\\_pandc.html](http://www.toothclub.gov.hk/en/en_pandc.html) - Department of Health – Government Hong Kong -Oral care for family

[http://www.toothclub.gov.hk/en/en\\_teens\\_02.html](http://www.toothclub.gov.hk/en/en_teens_02.html) - Department of Health – Government Hong Kong - Oral care guide for teens

<http://www.bbc.co.uk/science/humanbody/body/factfiles/teeth/teeth.shtml> - BBC United Kingdom - Science and Nature – Human Body and Mind

<http://www.woodlands-junior.kent.sch.uk/revision/Science/living/teeth.html> - The most visited school website in the Country - Teeth and eating links

[http://www.topicbox.co.uk/science/life\\_teeth/](http://www.topicbox.co.uk/science/life_teeth/) - United Kingdom - Teeth and science

<http://www.chewonthis.org.uk/> - United Kingdom – Information on food

<http://www.zephyrus.co.uk/teeth.html> - United Kingdom

## Commercial Sites

<http://www.simplestepsdental.com/SS/ihtSS/r.WSIHW000/st.31819/t.31819/pr.3.html> - Simple Steps - Reviewed by the faculty of Columbia University College of Dental Medicine

<http://www.simplestepsdental.com/SS/ihtSS/r.WSIHW000/st.35080/t.35080/pr.3.html> - Simple Steps - Interactive tools for kids

<http://familydoctor.org/> - search under dental, oral, teeth, mouth etc.

<http://www.bizzikid.co.uk/featuresmiling.html> - Sids guide to Smiling

<http://www.learntobehealthy.org/parents-teachers/educational-materials/search/index.aspx?GradeLevelId=1&HealthTopicId=5> - Dental Health e-learning – **Health Science Education Tools for Educators**

<http://www.learntobehealthy.org/kids/index.aspx> - Dental health e-learning -Health Science Education tools for kids

<http://www.learntobehealthy.org/teens/index.aspx> - Dental health e-learning-Health Science Education tools for teens.

<http://www.learntobehealthy.org/parents-teachers/index.aspx> - **Dental Health Education tools for educators**

<http://www.hygiene-educ.com/en/home.htm> -- Hygiene education sponsored by the Institute Pasteur

<https://commerce.jbutler.com/kids-stuff.aspx> - Sunstar - Butler – Gum Club - Click on Kids Stuff: dental activities, coloring sheets, games etc

<http://www.dentalcare.com/en-CA/consumer/activity/funtime.jsp> - Crest - Kids Activities

<http://www.crest.com/crest-kids/eggexperiment.aspx> - Crest - Egg experiment

<http://www.colgate.com/app/BrightSmilesBrightFutures/US/EN/Educators.cvsp> - Colgate - materials for educators

<http://www.colgate.com/app/BrightSmilesBrightFutures/US/EN/Kids.cvsp> - Colgate - **Enjoy free educational games and activities designed for kids**

<http://www.scholastic.com/magicschoolbus/games/maze/index.htm> - Scholastic - Magic School Bus

<http://www.colgate.com/app/Kids-World/US/Games-And-Activities.cvsp> - Colgate - Games

<http://yucky.discovery.com/flash/body/yuckystuff/breath/js.index.html> - Interactive game - Yucky Gross and cool body

<http://www.oralbprofessional.com/us/patresources/learningcenter/teaching/default.asp> - Oral B - Teaching tools

<http://dentaeducation.crest.com/#1> – Crest and Oral-B have designed fun activities and lesson plans to help kids learn how to maintain a healthy, beautiful smile for life – **Educators Dental Guide**

[http://dentaeducation.crest.com/lesson\\_plans.php](http://dentaeducation.crest.com/lesson_plans.php) - Crest and Oral B lesson Plans

<http://dentaeducation.crest.com/resources/TakeHomeLearningAids/BilingualStudentPoster.pdf>

<http://dentaeducation.crest.com/resources/TakeHomeLearningAids/BrushFlossRinseTrackingChart.pdf> - Crest and Oral B Brushing Chart

[http://dentaeducation.crest.com/demos\\_videos.php](http://dentaeducation.crest.com/demos_videos.php) - **Crest and Oral B Dental Health Education Program - Demo's and videos for kids.**

## Commercial Sites

<http://www.innerbody.com/htm/body.html> - Click on Digestive System - Interactive

<http://www.kidsdentistry.com/tips/index.html> – Dental Health Tips

<http://www.keepkidssmiling.com/index.html> – Learn about dental health with stories and interactive games.

<http://www.floss.com/attack.html> - Plaque attack and toothbrushing interactive game

<http://www.betteroralhealth.info/extra/general-public-area/inside-the-mouth/index.htm> - Health through good oral care

[http://www.abcteach.com/search.php?q=teeth&search\\_type=1&match\\_words=2&limit\\_search=1&search\\_form1\\_for\\_m\\_visited=1](http://www.abcteach.com/search.php?q=teeth&search_type=1&match_words=2&limit_search=1&search_form1_for_m_visited=1) - abc teach – educators online resource

[http://www.sesamestreet.org/game\\_player?p\\_p\\_lifecycle=0&p\\_p\\_id=gamePlayer\\_WAR\\_sesameportlets4369&p\\_p\\_uid=1fcbc701-659c-4779-8f18-683994b57cff](http://www.sesamestreet.org/game_player?p_p_lifecycle=0&p_p_id=gamePlayer_WAR_sesameportlets4369&p_p_uid=1fcbc701-659c-4779-8f18-683994b57cff) – Sesame Street – Help Elmo brush his teeth (preschool and kindergarten)

<http://www.apples4theteacher.com/coloring-pages/dental-health/index.html> - Coloring Interactive online Dental Health coloring book and reading activities pages for kids

<http://www.teachingheart.net/teeth.html> - Dental Health Unit

<http://www.teachingheart.net/teethlesson.html> - Teeth Lesson Plans

<http://www.adveract.com/games/plak/plak.htm> – Interactive Dental Games

<http://kiddyhouse.com/Themes/> - Click on Teeth Stuff – For Kids and Teachers – Teeth and Dental Care Facts, Games and Activities, Lesson Plans and coloring and worksheets -

<http://www.thesmilestones.com/> - The Smile Stones stories, games and song

[http://www.dltk-kids.com/crafts/miscellaneous/dental\\_health\\_month.htm](http://www.dltk-kids.com/crafts/miscellaneous/dental_health_month.htm) – Crafts for Kids

<http://users.forthnet.gr/ath/abyss/index.htm> - Dental advice & info to keep your teeth & gums healthy

<http://users.forthnet.gr/ath/abyss/games/games.htm> – Dental Games

[http://www.education-world.com/a\\_lesson/lesson/lesson332.shtml](http://www.education-world.com/a_lesson/lesson/lesson332.shtml) - Dental Lesson Plans for science, history and English

<http://www.fastq.com/~jbpratt/education/theme/dental.html> -Dental Health Theme

<http://www.tfistore.com/store.php> - DVD and other teaching resources for oral health

<http://www.gamezero.com/gamezero/games/1998/teeth/> - Digi Teeth Game

[http://www.harcourtschool.com/menus/l\\_health.html](http://www.harcourtschool.com/menus/l_health.html) - Your Health

[http://www.deltadentalnj.com/kids\\_club/kids\\_club.shtml](http://www.deltadentalnj.com/kids_club/kids_club.shtml) - The Kids Club

<http://twoothtimer.com/home.php> - Twoothtimer Company

<http://caphis.mlanet.org/consumer/index.html> - Consumer and Patient information

<http://www.justforkidsdentistry.com/games/> - Online Dental Games

## Commercial Sites

[http://www.bbc.co.uk/schools/magickey/adventures/hms\\_game.shtml](http://www.bbc.co.uk/schools/magickey/adventures/hms_game.shtml) - Sweet Tooth Game

<http://www.medtropolis.com/VBody.asp> - Virtual Body - digestive tract

<http://www.dole5aday.com/> - Nutrition Educational Materials – can be adapted to the Canadian Food Guide

[http://www.themeday.com/toothday\\_theme\\_home.htm](http://www.themeday.com/toothday_theme_home.htm) -Tooth Lesson Plans for English, Social, Science, Math and Movement.

<http://www.purchon.com/biology/teeth.htm> – Science – digestive system (teeth, mouth)

<http://www.kinderstart.com> - Kinderstart – click on health, medical and dental

<http://www.lessonplancentral.com/lessons/Health/Teeth/> - Lesson Plan Central – Health-Teeth medical

<http://www.tv.org/stuff/stuff/makes/makes68bg.html> - How to Make Toothpaste

<http://www.tv.org/stuff/stuff/makes/makes30bg.html> - How to Make Lip Balm

<http://www.toothpick.com/Dpictures.htm> - Dental Reference

<http://www.brainpopjr.com/health/teeth/caringforteach/grownups.weml> - Lesson plans - taking care of teeth

<http://www.brainpopjr.com/health/teeth/goingtothedentist/grownups.weml> - Lesson plan ideas – going to the dentist

<http://www.brainpopjr.com/health/teeth/goingtothedentist/grownups.weml> - Lesson plan ideas – losing a teeth

<http://www.brainpopjr.com/health/> - Interactive

<http://www.kidnetic.com/Innerg/>- About the Body

<http://www.simplestepsdental.com/SS/ihtSS/r.WSIHW000/st.35080/t.35080/pr.3.html> - Interactive dental games for kids

<http://www.knowyourteeth.com/infobites/lifeoftooth/> - Life of a tooth

<http://www.kidsdental.ca/> - Sound Bytes

<http://www.childrensdentistwinnipeg.ca/> - kids dental games

## **Important Note:**

Websites that end in: .Gov,.org, .edu or.ca are the most reliable websites.

- **.gov** --- Government agency sponsored
- **.org** --- Non-profit agency sponsored
- **.edu** --- Academic Institution sponsored
- **.ca** --- Country sponsored
- **.com** --- For-profit company which may be selling a product.

## **Criteria for Evaluating Internet Health Information**

- **Credibility:** includes the source, currency, relevance/utility, and editorial review process for the information.
- **Content:** must be accurate and complete, and an appropriate disclaimer provided.
- **Disclosure:** includes informing the user of the purpose of the site, as well as any profiling or collection of information associated with using the site.
- **Links:** evaluated according to selection, architecture, content, and back linkages.
- **Design:** encompasses accessibility, logical organization (navigability), and internal search capability.
- **Interactivity:** includes feedback mechanisms and means for exchange of information among users.
- **Caveats:** clarification of whether site function is to market products and services or is a primary information content provider.

If you have any further questions and/or concerns contact your local Dental Health Educator